

Chiropractic: A Modern, Natural Approach to Health



- The Purpose of this workshop is to share facts with you concerning your health and introduce you to Chiropractic.
- We do this to assist you in making decisions that will support an **optimum state of health** for you, and so that you can educate others.

Stages of Health : Birth



We have complete health at birth.

Stages of Health : Childhood



- Mild Symptoms – Normal aches and pains

Stages of Health : Middle Age



- Fatigue, Symptoms, Chronic Ailments

Stages of Health : Seniors

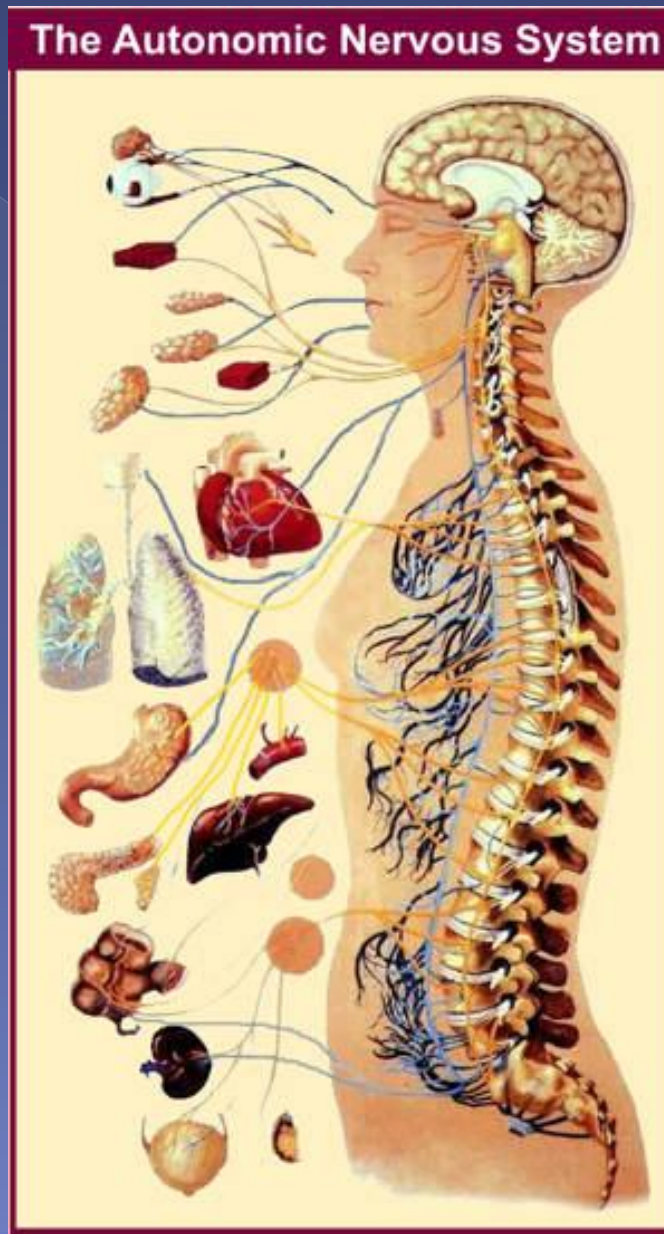


- Acute Symptoms, Disease, Disability

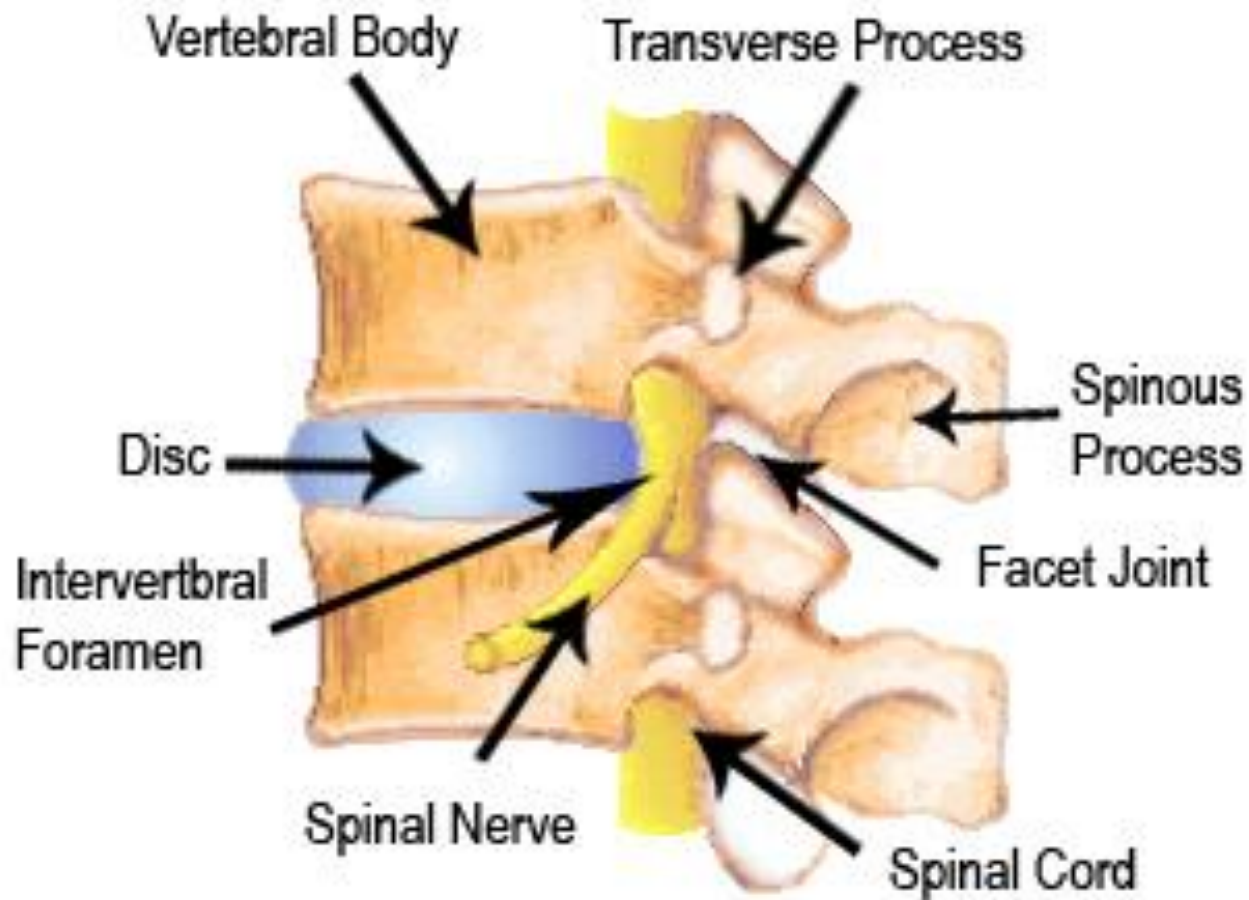
Commonly Assumed Attitudes About Health

1. Symptoms are the first sign that a person is not healthy.
2. A person should go to the doctor in accordance with their symptoms.
3. The cause of a problem is found by exploring the symptom.
4. To regain health you move towards removing the symptoms.
5. The Doctor's job is to remove your symptoms because your body is unable to heal itself.

The Spine and Nervous System



Healthy Vertebrae



What is a Vertebral Subluxation?

Unhealthy Vertebrae Alignment

Vertebrae —

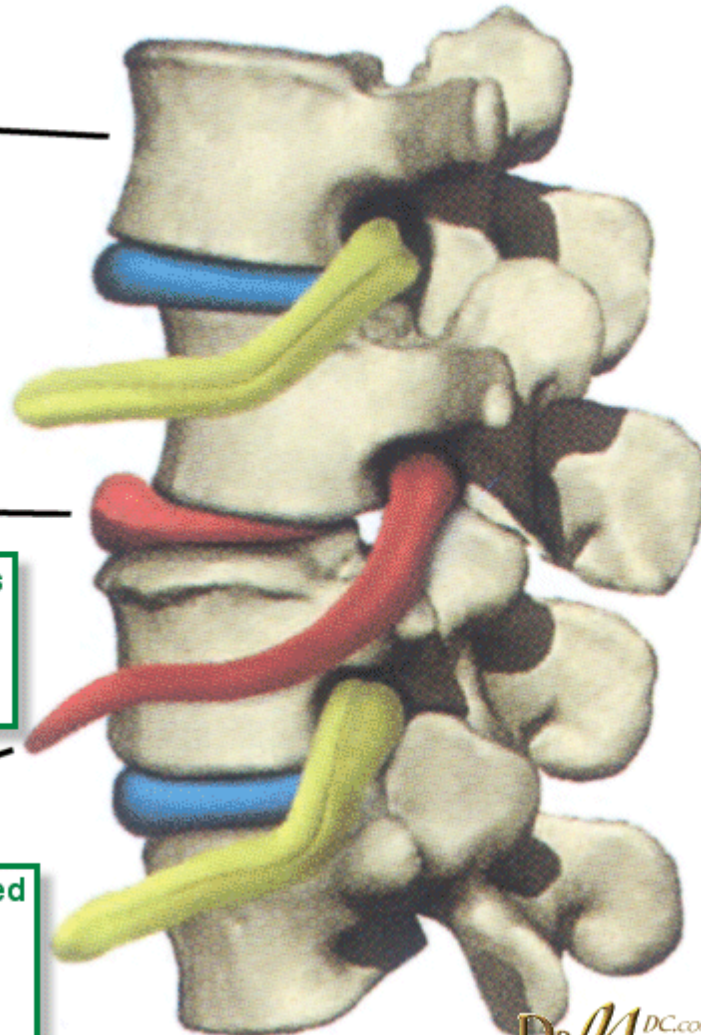
When vertebrae become misaligned, nerve flow may be altered.

Disc —

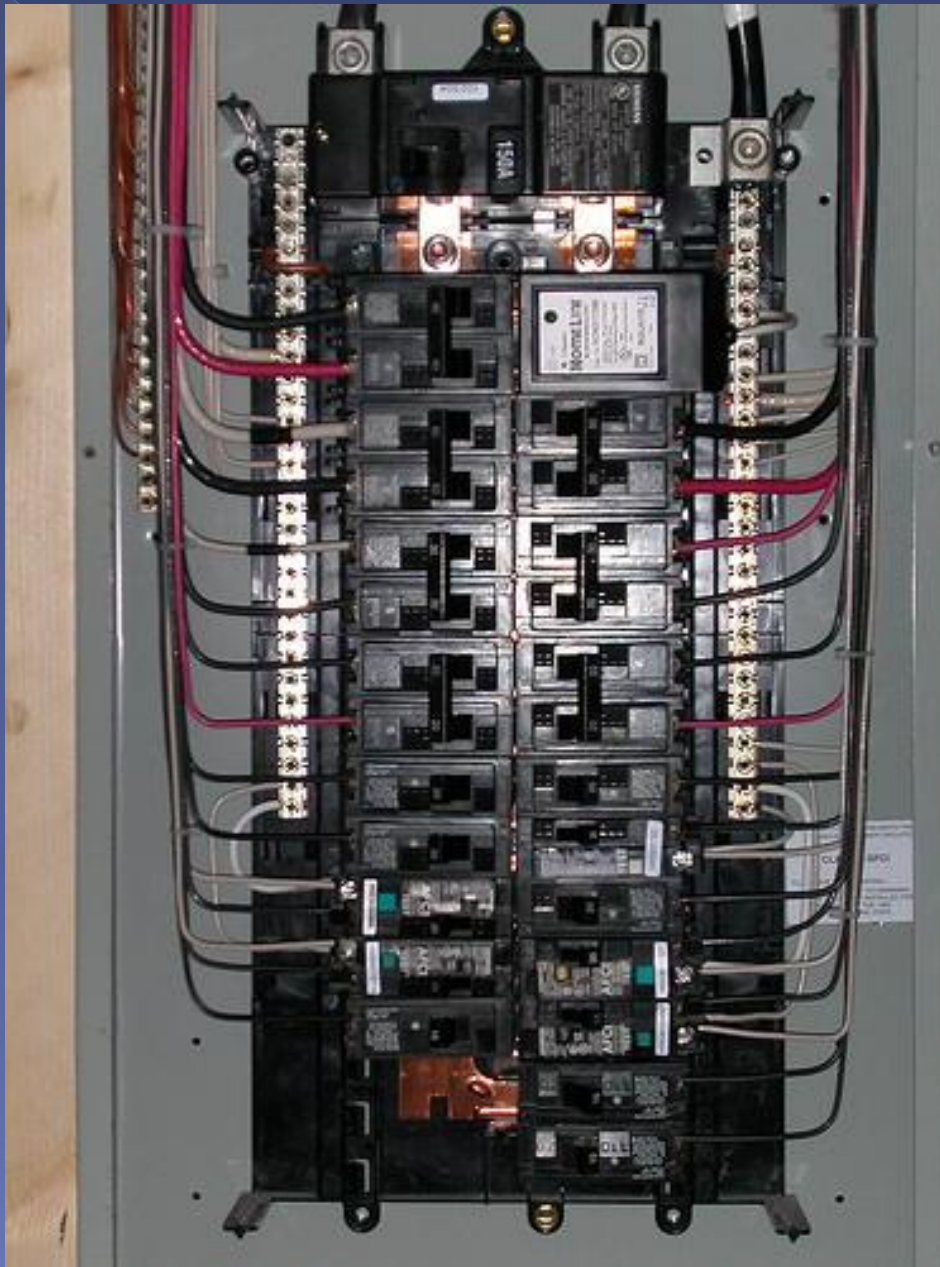
When disc herniation, protrusions or prolapses occur, pressure on nerves and pain are frequently experienced.

Nerve —

If nerves are compressed, stretched or pinched, they will not function normally causing altered internal organ function, pain, other disorders or abnormalities.



A Vertebral Subluxation is a minor misalignment of the bones of the spine which causes nerve interference and loss of health.



The Nervous System is Similar to a Circuit Breaker.

Accumulated Stress Blows the Circuit.



When the
Circuit is
Fixed,
Function is
Restored.



Manifestations of Subluxations.



Headaches

Neck Pain



Manifestations of Subluxations.



Fatigue

Aches and Pains



Manifestations of Subluxations.

Digestive Problems

No Symptoms

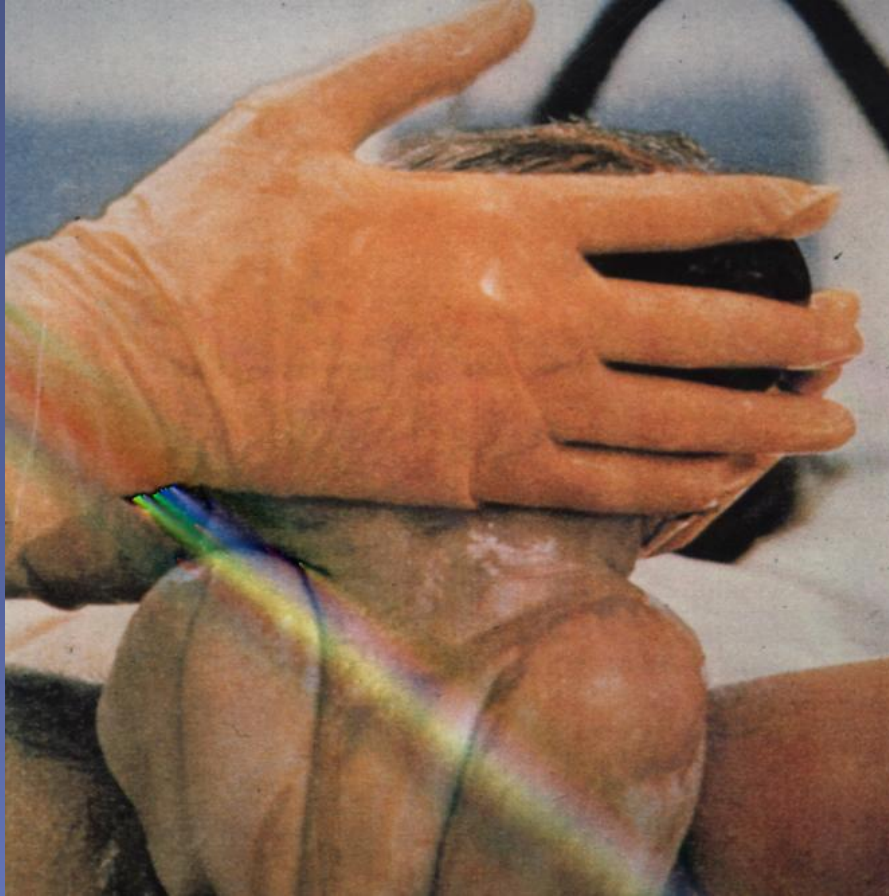


Having No Symptoms Does Not Mean That You Are Subluxation – Free.

What Causes Subluxations?

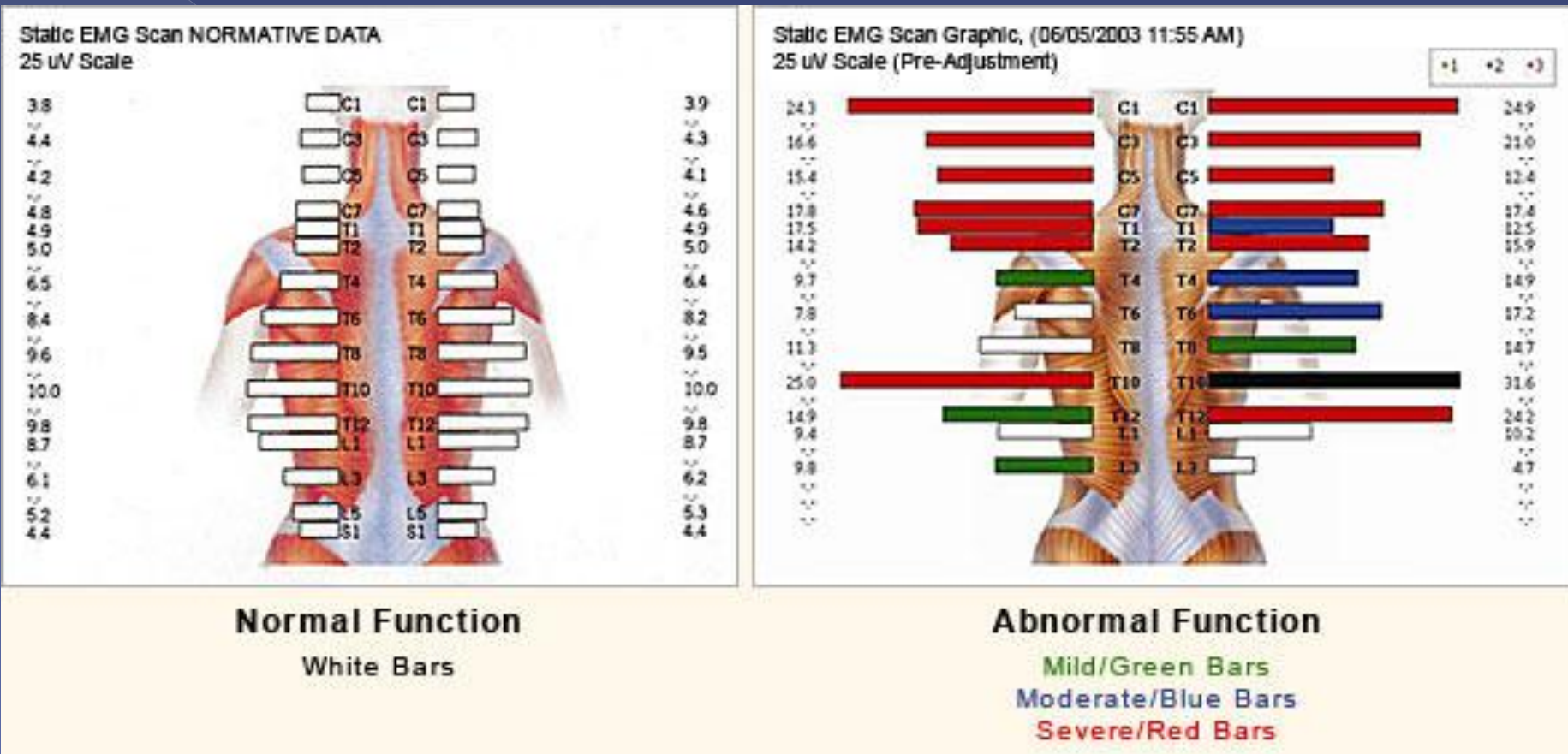


The Factual Stages of Illness



- German medical researcher found upper neck damage with nerve system interference present (*subluxation*) in as many as 80% of babies checked shortly after birth.

The Factual Stages of Illness



- Vertebral Subluxations cause loss of nerve function (60%) and structural misalignments.

The Factual Stages of Illness



- Childhood : an average of over 2,500 traumas and falls occur during childhood causing further spinal injury.

The Factual Stages of Illness



- Teenagers : Most people will experience their first auto accident in their teens.

- These accidents produce spinal trauma's that may create health problems years later.



Health Promoting Attitudes

- Symptoms are the **last** phase of body dysfunction, **not** the first.
- A person who wants to be healthy and **stay** healthy should see a doctor who can remove the cause of lowered resistance before symptoms develop.
- The cause of health problems is found by exploring the **source** of body imbalance, not symptoms

- To help restore health and maintain health, one works towards removing and preventing **vertebral subluxations**.
- Subluxations cause imbalance, dysfunction, sickness and disease within the body.
- The Doctor's job is to **prevent** and **correct** illness by removing the cause. Healthy people don't get sick and it's the doctors job to keep it that way.